



Take Away @ Le MUNCH

Homemade Soup of The Day with ½ Baguette	£4.95
Chili con Carne with rice	£8.90
Chili non Carne with rice(v)	£8.90
Homemade Beef Burger	£9.95

Served with Fries and Side Garnish

Jacket Potatoes

Cheese or Beans(v)	£6.10
Cheese & Beans(v)	£6.60
Tuna Mayo & Sweetcorn	£6.70
Roasted Veg & Mozzarella(v)	£6.90
Chili con Carne/ Chili non Carne(v)	£7.40

Salads

Make your own salad from our deli counter

Served with a freshly baked baguette	£5.95
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	Sandwich / Wrap / Bap	Baguette / Panini
Cheddar Cheese / Cream Cheese (v)	£4.20	£4.90
Brie (v)	£4.40	£5.20
Grilled Halloumi (v)	£4.40	£5.20
Brie & Grape (v)	£4.60	£5.20
Mozzarella, Tomato & Basil (v)	£4.40	£5.20
Avocado (v)	£4.90	£5.40
Hummus & Roast Veg (v)	£4.40	£5.20
Pulled Mushroom (v)	£4.20	£4.90
Egg Mayo (v)	£4.40	£4.90
Roast Chicken	£4.50	£5.20
Chicken Mayo	£4.50	£5.40
Coronation Chicken	£4.60	£5.40
BBQ Chicken.....	£4.60	£5.40
Chicken Tikka	£4.60	£5.40
Chicken & Crispy Bacon	£4.90	£5.70
Carved Ham	£4.60	£5.20
Ham & Cheese	£5.10	£5.70
Sausage	£4.70	£5.40
Bacon	£4.70	£5.40
Pulled Pork	£4.70	£5.50
Smoked Salmon & Cream Cheese	£5.00	£5.90
Smoked Salmon & Avocado	£5.00	£5.90
Prawn Marie-Rose	£4.90	£5.90
Tuna Mayo	£4.40	£5.20
Pot of Homemade Coleslaw (Vegan available)		£0.50
For toasted Sandwiches +40p • Extras +£50p • All served with salad of choice		



Take Away @ Le MUNCH

SNACKS

Scotch Eggs	£3.75
Homemade Quiche	£4.95
Homemade Sausage Roll	£3.20
Homemade Veggie Roll (v)	£3.20
Homemade Vegan Roll (v)	£3.20
Crisps	£1.00
Skin on Fries	£2.95
Add Cheese	£3.95
Soup Of The Day plus Baguette	£4.95

JACKET POTATOES

Cheese or Beans (v)	£6.10
Cheese & Beans (v)	£6.60
Tuna Mayo & Sweetcorn	£6.70
Roasted Veg & Mozzarella (v).....	£6.90
Chilli con Carne/non Carne (v)	£7.40
Prawn Marie Rose	£7.40

CAKES

Selection of fresh homemade cakes	from £2.90
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Take Away - ALL DAY BREAKFASTS

REGULAR

Egg, Bacon, Sausage, Beans, Mushrooms, Hash Brown & Toast £8.20

BIG ONE

2 Eggs, 2 Bacon, 2 Sausage, Beans, Mushrooms, Hash Brown & Toast £10.95

THE VEGAN

Vegan Sausage, Mushrooms, Spinach, Beans, Hash Brown, Roasted Tomato & Toast (v) £9.50

All with a choice of White Farmhouse, Malted Brown or Sourdough Toast

Scrambled Eggs on 2 Toasts £5.50

Scrambled Eggs & Avocado on 2 Toasts (v) £7.90

Smashed Avocado & Chili Flakes on Toast or Toasted Muffin £5.90

Eggs Benedict

2 Poached Eggs, Ham & Hollandaise Sauce on a Toasted Muffin £8.60

Eggs Florentine

2 Poached Eggs, Spinach & Hollandaise Sauce on a Toasted Muffin £8.60

Eggs Royale

2 Poached Eggs, Salmon & Hollandaise Sauce on a Toasted Muffin £10.20

2 crepes (v) £6.25

Choice of Nutella / Maple Syrup / Lemon Sugar / Jam / Ice Cream

Porridge (v) £3.65

Choice of Maple Syrup / Golden Syrup / Berries (£1 extra)

OMELETTES

(Using 3 Free Range Eggs, served with Side Garnish or Half Baguette with Butter)

Cheese, Ham, Mushrooms, Red Onion, Mixed Pepper or Sweetcorn

1 Item £7.90

2 Items £8.40

3 Items £8.90

French Toast (2) with Maple Syrup (v) £6.45

Add 2 slices of bacon £7.45

2 Toast or Teacake with Butter or Vegan Spread (v) £2.80

With Honey / Jam / Nutella / Golden or Maple Syrup + 50p

Extra Breakfast Items

Egg / Bacon / Sausage / Beans / Black Pudding + £1.00

Beans / Grilled Tomatoes / Mushrooms / Hash Brown / 50p



TAKE AWAY

COFFEES

Alternative milks: soya, oat, almond & coconut

Espresso	single - £2.20 double - £2.40
Americano – a strong espresso dipped over hot water.....	£2.90
Cappuccino – frothy milk swirled into espresso, dusted with chocolate.....	£2.90
Mocha – 1/3 espresso, 1/3 warm milk and 1/3 hot chocolate.....	£3.10
Latte – a shot espresso with a healthy covering of hot steamed milk.....	£2.90
Flat White – a ristretto shot of espresso with velvety milk, a shorter punchier coffee....	£2.90
Cortado - espresso with equal parts rich espresso and velvety steamed milk.....	£2.90
Chai Latte - warming spiced milk.....	£2.90
add espresso to make it dirty chai?.....	£3.50
Iced Macchiato – iced milk topped with two shots of espresso.....	£3.10
Iced Americano – iced water with a lungo shot poured over ice.....	£2.90
Hot Chocolate – hot milk with creamy Cadbury’s chocolate.....	£2.95
add whipped cream and marshmallows?.....	£3.35
Iced Caramel Macchiato – iced caramel coffee topped with whipped cream and caramel drizzle.....	£3.45

TEAS

Tea	£1.50
Speciality Teas	£2.20

Options: peppermint, mint green, pure green, chamomile, lemon & ginger, cranberry & raspberry, mango & strawberry, blackcurrant & blueberry, carrot & lemongrass, superberries, banana

FRESHLY SQUEEZED JUICES

Orange	£4.20
Apple	£4.20
The OCG- Orange, Carrot and Ginger.....	£4.40
Apple and Ginger	£4.30
Refresher – Lemon, Lime, Mint and Apple.....	£4.50
Iron Man – Spinach, Apple, Lime, Cucumber and Pineapple.....	£4.75

MILKSHAKES

£5.25

Non-dairy options

Strawberry – made with strawberry ice cream and strawberries

Banana – made with vanilla ice cream and bananas

Oreo – made with chocolate ice cream and crushed Oreos

Malteser – made with chocolate ice cream and crushed Maltesers

Cappuccino Frappe – made with espresso, cappuccino frappe and vanilla ice cream

Vanilla – made with vanilla ice cream

SOFT DRINKS

Variety of soft drinks availablefrom £1.00

SMOOTHIES from £4.50